FOR IMMEDIATE RELEASE

MARCH 26, 2021

**FITZ UNVEILS DEBUT SOLO ALBUM *“HEAD UP HIGH*” TODAY**

**NATIONAL TELEVISION BLITZ INCLUDES PERFORMANCES ON**

***THE ELLEN DEGENERES SHOW* ON MARCH 30 AND**

***JIMMY KIMMEL LIVE!* ON APRIL 1**

**STREAM/DOWNLOAD “*HEAD UP HIGH*“ HERE** [**NOW**](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Ffitz.lnk.to%2FHeadUpHighAlbum&data=04%7C01%7CSydneyWorden%40elektra.com%7Cdd20a01f528e4c35d53908d8efb89a14%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637522923436294034%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=7tyL5y4gG0cwF%2BmbCcbwgo0QDDd1Osxt0Zuz2fi4UCQ%3D&reserved=0)

A picture containing text, tree, person, outdoor

Description automatically generated

PRESS ASSETS [**HERE**](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwarnermusicgroup.box.com%2Fs%2Fg21i6yhhdmz9sz2wdv8d4evjegphzj4m&data=04%7C01%7CSydneyWorden%40elektra.com%7Cdd20a01f528e4c35d53908d8efb89a14%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637522923436304033%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=0SBU9m%2F09koC5wbF%2FGbr2rkpBy%2FGdfe3CSUko7tWT04%3D&reserved=0)

Elektra recording artist FITZ – best known as founder and namesake of multiplatinum band Fitz and the Tantrums – has released his debut solo full length “*HEAD UP HIGH*”today.  The much-anticipated album is [available on all streaming platforms](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Ffitz.lnk.to%2FHeadUpHighAlbum&data=04%7C01%7CSydneyWorden%40elektra.com%7Cdd20a01f528e4c35d53908d8efb89a14%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637522923436304033%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=e78wesHYMeRT9H0BFOSr6y5cYfUb9SROX4053Y3OsBY%3D&reserved=0) now.

To celebrate the record’s arrival, he launches a television takeover next week. On Tuesday March 30, he’s set to perform the title track and lead single ["Head Up High"](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Ffitz.lnk.to%2FHeadUpHigh&data=04%7C01%7CSydneyWorden%40elektra.com%7Cdd20a01f528e4c35d53908d8efb89a14%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637522923436314023%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=%2B7iqSJRkn6kI5ysqo4hhqrmFIOKqykgXGxeJCe8WVhc%3D&reserved=0) on *The Ellen DeGeneres Show*. Next up, he takes the stage at *Jimmy Kimmel LIVE!* alongside special guest multi-platinum pop/hip-hop maverick Bryce Vince for a performance of [“Congratulations”](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Ffitz.lnk.to%2FCongratulations&data=04%7C01%7CSydneyWorden%40elektra.com%7Cdd20a01f528e4c35d53908d8efb89a14%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637522923436314023%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=orp1IaPNqmsOT5simI5n7yQ1C9b0u4%2FLG1Rw6aNv%2Fmo%3D&reserved=0).

Tracks off of “*HEAD UP HIGH*” have already amassed over 10 million streams. With its upbeat message, undeniable energy, and genre-hopping buoyancy, the album – written and recorded at the start of the pandemic - is all about greeting life’s trials, tribulations, and triumphs with a smile. Going solo was never something that he had seriously considered, but, after a headlining tour with Fitz and the Tantrums was cut short due to Covid-19, FITZ found himself back at home under lockdown.  A casual songwriting session that had been previously scheduled with co-writer and co-producer Ryan Daly switched from an in-person meeting to Zoom, and the results surprisingly became the seeds for what would become a complete album in the form of “*HEAD UP HIGH*.”

Late last year, FITZ released his first-ever solo music in the form of the album’s title track.  The infectious hit single - co-produced and co-written by FITZ with Ryan Daly - was accompanied by its dynamic [official music video](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fyoutu.be%2F0En6XOqXTMY&data=04%7C01%7CSydneyWorden%40elektra.com%7Cdd20a01f528e4c35d53908d8efb89a14%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C637522923436324022%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=bpaT9mNSrUeUmwmOoMIvgnpfaKsLMT7ARNMTr6X9R%2BU%3D&reserved=0), and made its national television debut on CBS’ “The Late Late Show with James Corden,” followed by an appearance on ABC’s “Good Morning America” to kick off 2021.

Stay tuned for more from FITZ soon.

“*HEAD UP HIGH*” TRACKLISTING

1. Head Up High

2. Spaceman

3. Congratulations

4. Still Cool

5. Jump

6. I Need a Dancefloor

7. The List

8. Somebody Sometimes

9. Slowdown

10. Speed

11. Piñata

12. House Party

13. Little Champion

14. Zig Zag

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**About FITZ**

Since 2008, FITZ a.k.a. Michael Fitzpatrick has galvanized and energized fans around the world as the frontman and namesake of Fitz and the Tantrums. Over the course of four albums, the band has cooked up a series of instantly recognizable and hummable anthems such as the platinum “The Walker,” platinum “Out of My League,” and double-platinum “HandClap.” Amassing billions of streams and attracting praise from *People*, *Billboard*, and many more, the group quietly morphed into an arena-ready force, headlining and packing historic venues such as The Forum in Los Angeles, Red Rocks Amphitheatre in Morrison, CO, and more. Not to mention, he lent his voice to collaborations with everyone from Weezer to LL Cool J. After twelve unbelievable years, FITZ did something he’s never done before. The singer, songwriter, and multi-instrumentalist electrified his very first solo music to life—at 50-years-young. On his debut single “Head Up High,” he introduces another side of himself and his artistry, reaching a new apex of his wonderfully unbelievable journey thus far. However, 50 is just the beginning for FITZ as he plans more music and surprises for 2021 and beyond.

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